



## CGI Running Springs Camp Packing List

### Necessary Items

- 8 T-shirts (long & short sleeve)
- 3 pairs long pants (if applicable)
- 7 skirts (if applicable)
- 5 pairs shorts (if applicable)
- 2 sweatshirts or light sweaters
- 2 long-sleeve or flannel shirts
- 10 sets underwear
- 2 pairs pajamas
- 1 sweat pants
- 2 swimsuits
- 10 pairs socks
- 1 baseball cap/sun hat
- 1 warm jacket
- 1 heavy non-cotton sweater
- Tefillin (if applicable)
- 2 Tallit Katan (if applicable)
- 3 head coverings (if applicable)

### Footwear

- 1 pair sturdy shoes/sneakers
- 1 pair beach shoes/thongs

### Bedding & Linen

- 3 bath towels
- 2 wash cloths
- 1 warm blanket
- 1 laundry bag
- 2 twin sheet sets & pillow case
- 1 pillow

### Toilet Articles

- 1 toiletry kit (use plastic containers)
- Including: shampoo, nail clipper,
- soap/soap dish, toothbrush,
- toothpaste, comb/brush

### For Shabbat

#### *Girls*

- 2 dresses or skirts
- 2 blouses

#### *Boys*

- 2 pairs dress slacks (no jeans)
- 2 dress shirts

### Miscellaneous (\*Items optional)

- \*athletic equipment (baseball glove, balls, etc.)
- Insect/tick repellent
- \*musical instruments (non-electric)
- \*address and stamped envelopes, cards & paper
- 1 canteen
- backpack
- \*inexpensive camera and film
- \*Siddur
- \*books
- \*ear muffs
- sunscreen
- \*chess/checkers
- \*sleeping bag
- sock bag

To help us foster the spirit of community and encourage campers' full participation in the camp experience, please do not send the following items: cell phones and other communication devices, iPods, handheld gaming systems, MP3/CD players.

### Please note:

1. Although the camp does not have a dress code, we do encourage all campers to dress modestly.
2. Put name tapes or handwritten ID on all items.